

<b>Course title:</b> Group Training 1	<b>Credit number:</b> 4
<b>Type of lessons:</b> seminar format	
<b>Number of seminars:</b> 2 hours per week	
<b>Type of evaluation:</b> qualified signature (regular attendance and active participation are required)	
<b>Place in curriculum:</b> 6th / spring term	
<b>Course prerequisites:</b> none	
<b>Course description:</b>	
<b>Course content:</b>	
<p>Discussing the rules of group work; creating an atmosphere of trust; giving active and supportive attention, providing positive emotional care, giving feedbacks; comprehending and analysing behaviour patterns in group situations and simulated pedagogical situations; practising facilitating communication; planning and setting goals and developing a positive vision of the future; closing and assessment of the activity.</p>	
<b>Learning objectives:</b>	
<p>By the end of the course students will gain experience in</p> <ul style="list-style-type: none"> <li>• introducing themselves within the limits offered by the group, turning to their fellows openly and with interest,</li> <li>• giving feedbacks that are straight and tactful at the same time</li> <li>• relating to their fellows with empathy and without prejudice</li> </ul>	
<b>Required and optional reading</b>	
(The 3-5 most important required and optional pieces):	
<b>Required reading:</b>	
<ol style="list-style-type: none"> <li>1. Gordon, Thomas: <i>Teacher Effectiveness Training</i>. 1974. New York, P. H. Wyden.</li> <li>2. Burch, Noel; Gordon, Thomas: <i>Good Relationships: What Makes Them, What Breaks Them</i>. 2000.</li> <li>1. Discipline as Self-Control. <a href="https://prezi.com/atuhtzxbuhwu/discipline-as-self-control-thomas-gordon/">https://prezi.com/atuhtzxbuhwu/discipline-as-self-control-thomas-gordon/</a> (retrieved 14 June, 2016)</li> </ol>	
<b>Optional reading:</b>	
<ol style="list-style-type: none"> <li>1. Berne, Eric: <i>Games People Play. The Psychology of Human Relationships</i>. 1968. London, Andre Deutch Ltd.</li> <li>2. Berne, Eric: <i>What Do You Say After You Say Hello? The Psychology of Human Destiny</i>, 1975, UK, Corgi.</li> </ol>	
<b>Course syllabus:</b>	
<b>Week 1</b> – Introduction to group work: drafting and adopting the common rules of group work, defining the common goals of the group	
<b>Week 2</b> – Getting to know each other: introducing ourselves, creating an atmosphere of confidence and openness	
<b>Week 3</b> – Drafting straight opinions and feelings, self-communication	
<b>Week 4</b> – Biography overview: past and present	
<b>Week 5</b> – Exploring and discussing conflicts and issues that are features of the age (troubles of acquiring and undertaking the adult role)	

**Week 6** – Conflict resolution - situational games

**Week 7** – Conflict resolution - situational games

**Week 8** – Social effectiveness training in dramatic situations: improving verbal communication skills

**Week 9** – Social effectiveness training in dramatic situations: improving non-verbal communication skills

**Week 10** – Psychological immune competence

**Week 11** – Co-operation, joint experience

**Week 12** – Planning and setting goals and developing a positive vision of the future

**Week 13** – Assessment of the activity, feedbacks: closing

**Course instructor in charge:** Ildikó Pinczésné Palásthy (PhD), college professor

**Additional course instructor(s):** Viktória Tamusné Molnár, lecturer